

ISST SUMMER SCHOOL PRESENTER INFO	
NAME, TITLE	Maria Galimzyanova, PhD; Elena Romanova, Ph.D.
Country	Russian Federation
AFFILIATION (UNIV, INSTITUTE, ETC)	Saint-Petersburg State University, Institute of Schema-Therapy, St-Petersburg, Association of psychotherapists "Anima"
1-2 MAIN PUBLICATIONS, BOOKS	Galimzyanova M.V., Kasyanik P.M. ,Romanova E.V., The effectiveness of a schema-focused approach in managing work stress// Materials of 10th Conference of European Academy of Occupational Health Psychology 11-13 April 2014 ETH London, Great Britain – International House, Jubilee campus, Wollaton Rd, Nottingham, 2014- p.205-206 Галимзянова М.В. Субъективные переживания детства и Я-концепция взрослого// – диссертация на соискание ученой степени канд. психол. наук – СПбГУ, 2006
SHORT DESCRIPTION OF YOUR WORKSHOP (A PARAGRAPH)	This workshop presents Group Schema Therapy model for children and adolescents with its core interventions (group limited reparenting, group imagery re-scripting, group mode-role-plays, experiential group work). We'll show the use of storytelling and fairytale therapy techniques in group ST work, specific mode role plays with children and adolescents of different age. Also attention will be driven to the use of imagery and metaphors, art-therapy and mode based play therapy, working with figurines, hand-puppets and marionettes, and the use of flashcards in groups. During the workshop we'll have some didactic sections with power-point and group discussion and also the participants will have an opportunity to play, experience some of the techniques and participate in different exercises used in Group ST-CA.
TRAINING METHOD	didactic, and dyadic

Anything else- YOU
WANT
PARTICIPANTS TO
KNOW OR BRING
WITH THEM

