

ISST SUMMER SCHOOL PRESENTER INFO	
NAME, TITLE	Arnoud Arntz, PhD, professor
Country	The Netherlands
AFFILIATION (UNIV, INSTITUTE, ETC)	University of Amsterdam, the Netherlands
1-2 MAIN PUBLICATIONS, BOOKS	<p>Bamelis, L.L.M., Evers, S.M.A.A., Spinhoven, P. & Arntz, A. (2014). Results of a multicentered randomised controlled trial of the clinical effectiveness of schema therapy for personality disorders. <i>American Journal of Psychiatry</i>, 171, 305–322.</p> <p>Giesen-Bloo, J., Dyck van, R., Spinhoven, P., Tilburg van, W., Dirksen, C., Asselt van, T., Kremers, I., Nadort, M. & Arntz, A. (2006). Outpatient psychotherapy for Borderline Personality Disorder: a randomized controlled trial of schema-focused therapy versus transference focused psychotherapy. <i>Archives of General Psychiatry</i>, 63, 649-658.</p>
SHORT DESCRIPTION OF YOUR WORKSHOP (A PARAGRAPH)	<p>Research into Schema Therapy in your clinical practice: a workshop for clinicians and clinical researchers who want to investigate ingredients of schema therapy, new applications, or contribute to the evidence base.</p> <p>In this workshop I will discuss designs and methods that clinicians and clinical researchers can use to test relevant issues for the evidence base of Schema Therapy (ST) in relatively small samples (from 6 patients on).</p> <p>I will also discuss some of the most important issues on the research agenda of ST.</p> <p>The focus will primarily focus on (i) case series designs to test ST in new types of patients or to replicate previous findings; and (ii) experimental designs to test central techniques in ST that can be done in small samples.</p> <p>The workshop includes didactic presentation but will also invite participants to play with their ideas and think out designs to test them, whilst feedback from the workshop leader is given. Moreover, participants can also bring in their own plans to have them discussed.</p> <p>The workshop will more focus on conceptual thinking than on (statistical) techniques.</p> <p>Note. The workshop is not about psychometric studies.</p>
TRAINING METHOD	e.g. didactic, interactive
Anything else- YOU WANT PARTICIPANTS TO KNOW OR BRING WITH THEM	Be creative and bring your ideas!