

# Second Charity Online Curriculum in Schema Therapy for Children and Adolescents

(accredited by ISST e.V. for certification in ST-CA)

The Corona pandemic is still affecting many people all over the world. Apart from impaired health care poverty and famine are major threats. Children and adolescents are hit hardest. Many children cannot attend school anymore and do not receive the necessary medical care. [Unicef](#) informs us:

*6000 children could die every day as coronavirus weakens health systems and disrupts services.*

In order to mitigate the dire consequences for children during the Corona pandemic the **Schema Therapy Institute IST-K Cologne** offers in collaboration with **Dr. Christof Loose** a **Second Charity Online Curriculum in Schema Therapy for Children and Adolescents (ST-CA)**. For every participant we will donate 200 € to UNICEF (<https://www.unicef.org.uk/donate/coronavirus/>).

The training will cover the entire basic training in ST-CA with 64 teaching units evenly distributed on 16 dates from January to June 2021. This new format provides the opportunity to learn continuously in a fixed group. Group size is limited to 18 participants.

**Date:** on Wednesdays from 5 pm to 8:15 pm (CEST/CET, German time), starting on January 13<sup>th</sup> 2021.

**Fee:** 1.250 € (Payment via bank transfer (EU-states) or PayPal (non-EU-states)).

Christof prepared a **vivid program** with live-presentations, videos, chat-rooms, working with the white-board, and many sessions in breakout-rooms (e.g. discussions, role-play, self-disclosure, kahoot®-Quiz etc). Personal interaction with both, the presenter and the other participants are on schedule.

If you are interested in the ST-CA online curriculum please have a look at our short **youtube trailer that informs you in 6 minutes about the webinar's content:** <https://youtu.be/42R9qKwI Lc>.

For registration and further information please send an email to [info@schematherapie-koeln.de](mailto:info@schematherapie-koeln.de)

IST-K  Institut für Schematherapie Köln



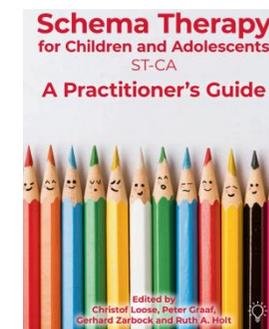
Now available: The **new book** presents the ST-CA model and provides a clear, practical guide to clinical implementation.

Join a live online conversation with the authors, Christof Loose and Ruth A. Holt at Friday, 4<sup>th</sup> December 2020, at 9-10 (CET). For further information

You can **learn more about ST-CA** with “Felix and his Modes”., a video wherein Christof explains ST-CA with the story of a child, named Felix, and “Empathic Creativity in Schema Therapy”, a short video wherein Christof gives an insight into the process how to learn and apply ST-CA.

**Further information about ST-CA:** [www.schematherapy-for-children.de](http://www.schematherapy-for-children.de)

For more details about the workshops, certification requirements etc., please visit the website from ISST: <https://schematherapysociety.org/Child-Curriculum-for-Certification>

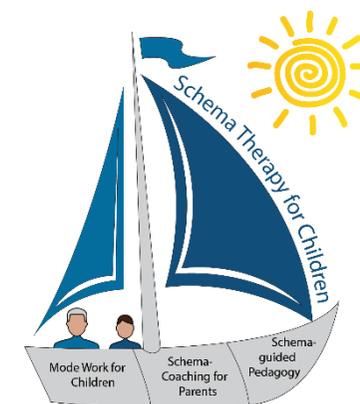


Best regards,

**Gisela Henn-Mertens** &  
Training Director  
IST-K Schema Therapy Cologne



**Dr. Christof Loose**  
Training facilitator  
Coordinator ST-CA at the IST-K Schema Therapy Cologne



**Brief bio of the presenter:**

Christof Loose, PhD., Clinical Psychologist, Psychotherapist for Children and Adolescents (CBT), works in his own Private Practice in Dusseldorf, affiliated with the Heinrich-Heine-University, Department of Clinical Psychology, Germany 2012-2017, research activity e.g. in ST-CA (Development of Schema-Questionnaire for Children (DISC), Chair of the subcommittee Working Group in ST-CA 2013-2017, since 2013 advanced-level certified, trainer and supervisor (ISST e.V.), editor and author of ST-CA books and Video-Learning (DVD), conducts workshops and seminars in Schema Therapy for Children, Adolescents and Parents, worldwide.

**The IST-K Schema Therapy Cologne (<https://www.schematherapie-koeln.de/index.php>):**

The IST-K is a well established training institute founded as one of the first in Germany in 2010 in Cologne. It offers regularly the basic training for schema therapy for adults and for children, adolescents and parents (ST-CA) and a variety of special workshops, supervision and self-disclosure. Every year approximately 150 participants attend our workshops and seminars. The Institute is certified by the International Society of Schema Therapy (ISST e.V., <https://schemasociety.wildapricot.org/Koln-Training-Programs>).

IST-K Schematherapie Köln UG (haftungsbeschränkt)

Fortbildung in Schematherapie

Am Malzbüchel 6-8

50667 Köln

Telefax: [+49 221 2920940-1](tel:+4922129209401)

Internet: [www.schematherapie-koeln.de](http://www.schematherapie-koeln.de)

**IST-K**  **Institut für  
Schematherapie Köln**

Telefon: [+49 221 2920940-6](tel:+4922129209406)

E-Mail: [info@schematherapie-koeln.de](mailto:info@schematherapie-koeln.de)